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Athletic Trainers Association of Florida

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Web Site

http://rehabworks.ksc.nasa.gov



#### What is RehabWorks?

RehabWorks is an on-site musculoskeletal rehabilitation service for employees suffering from a work, non-work or sports-related injury.

### Who can use RehabWorks?

Any badged KSC or CCAS employee may take advantage of RehabWorks.

## Where is RehabWorks located?

0&C, Room 1103

#### When is RehabWorks open?

Monday - Friday 7:00am to 5:00pm (last appointment at 4:00pm)

# How do I get started with RehabWorks?

### Work Related Injury

If your injury is work related, you will need to report it to your supervisor. You will then be seen by one of the Occupational Health Physicians who will refer you to RehabWorks.

### Non-Work Related Injury (self-referral)

If your injury is non-work related, go to the Occupational Health Facility to obtain a Fitness Center Medical Clearance Form. Once you have the clearance form, then call RehabWorks to set up an appointment.

#### Transfer of Therapy

If you are being seen by a physician and/ or therapist at an off-site facility, you can transfer your therapy to RehabWorks. You will need to be released by your doctor to continue therapy with us.

If you have not started therapy yet, your doctor can prescribe rehabilitation at RehabWorks. If this is the case, please stop by our office to pick up a prescription note to take to your doctor.

# What does RehabWorks have to offer you?

The RehabWorks program has been developed to provide all KSC and CCAS employees with a free and convenient means of receiving rehabilitation services by Certified/Licensed Athletic Trainers.

#### What is an ATC?

The Certified Athletic Trainer is a highly educated and skilled professional specializing in athletic health care. In cooperation with physicians and other allied health personnel, the athletic trainer functions as an integral member of the athletic health care team in secondary schools, colleges and universities, sports medicine clinics, professional sports programs and in the corporate/industrial settings.

A Certified Athletic Trainer can provide injury assessment and rehabilitation services to the "industrial athlete" in order to maximize long-term recovery and reduce lost work time.